



discipleship
made
personal

go **Viral!** EDITION

REAL TALK GO VIRAL EDITION

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1

What is the most important decision you can make in your life?

We make 3 kinds of decisions in life. They can be...

Simple or trivial, like
“Where will I eat?” “What will I wear?”;


Significant, like
“What career should I pursue?” or

Life changing, like “Who do I marry?”

What is the most important decision you've made in your life?

Today, you have the opportunity to make **one decision** that will impact your life now, your future, and your eternity.

But before getting to that decision point, let's discuss a few things that you need to know.



Read it	God's Word * John 3:16 Romans 6:23
Paraphrase It	My Words
Talk About it	What do you like about these verses? What bothers you about these verses? What do you learn about God? What do you learn about people? What do you learn about following Jesus?

* You may refer to the Appendix for the Bible Verses



**SUMMARIZE
IT:**

- 1. God loves us so much. (John 10:10)**
- 2. All of us have sinned. The penalty of sin is spiritual death, which is eternal separation from God. (Revelation 21:8)**
- 3. We cannot save ourselves. We cannot pay for the penalty of our sins. (Ephesians 2:8-9)**
- 4. God demonstrated His love by providing a solution: He sent His Son, Jesus Christ, to pay for the penalty of our sin. (John 14:6)**
- 5. We must make a decision to believe in Jesus and to receive His gift of eternal life. (1 John 5:11-13)**



**APPLY IT:
“I WILL”**

After knowing these truths, what are you willing to do?

Would you like to place your faith in Jesus to save you? You can pray this prayer:

“Lord Jesus, thank You so much for loving me. I confess that I have sinned against You. Please forgive me of all my sins. Thank You for dying on the cross to pay for my sins. Today, I put my trust in You as my Lord and Savior. I accept Your free gift of eternal life and I surrender my life to You. Thank You for forgiving my sins. From this day on, I choose to love and follow You. Amen.”

If you received God’s gift of eternal life, today you can know for sure that you are going to heaven (1 John 5:11-13), your sins will be forgiven – past, present, and future sins (Colossians 2:13), and you will have an eternal, personal relationship with God (John 1:12).



SHARE IT:

Who will you share these truths with this week?



What does Jesus require of us?

The Lordship of Jesus

Read it	God's Word * Luke 9:23-24
Paraphrase It	My Words
Talk About it	What did you learn about God? What did you learn about people? What did you learn about Jesus?
Point it out	A true follower of Jesus obeys his commands (Luke 6:46; John 14:15; Matthew 7:21) Jesus is our model in living a life of obedience (Philippians 2:6-8) Making Jesus as our Lord leads us to true repentance. (Luke 5:32)

* You may refer to the Appendix for the Bible Verses

**SUMMARIZE
IT:**

Being a disciple of Jesus leads us to change our ways. It keeps us from following our selfish desires to wanting to please God in how we live our lives.

**APPLY IT:
“I WILL”**

Looking at your life now, would you say that you are living a life of obedience?

What immediate change will you make in your life in obedience to Christ?

I will _____

SHARE IT:

Who will you share these truths with this week?



Who drives your life?

The Power of the Holy Spirit

Who are the people in your life that have supported you through trials or challenges?

How have they helped you?

Section 1: Who is the Holy Spirit

Life is hard. But do you know that living the Christian life is not hard? It is impossible! In fact, it is **SUPERNATURAL!** That is why Jesus sent Someone to help us – the Holy Spirit.

Who is the Holy Spirit and how does the Holy Spirit help us to live the Christian life?

Read it	God's Word * John 14:16-17 John 16:13-15
Paraphrase It	My Words

* You may refer to the Appendix for the Bible Verses

Talk About it	<p>Did anything in these passages capture your attention?</p> <p>What did you like about these verses?</p> <p>Did anything bother you? Why?</p> <p>What did you learn about the Holy Spirit?</p>
Point it out	<p>The Biblical truth is this: The Holy Spirit is God, the third person in the Trinity. There is only one God, but He exists in three persons: The Father, the Son, the Holy Spirit. This is called the Trinity or Tri-unity. The Holy Spirit is co-equal with the Father and the Son. We receive the Holy Spirit when we trust in Jesus Christ to be our Lord and Savior.</p> <p>The Holy Spirit do for us the following:</p> <ul style="list-style-type: none">• He helps us and comforts us. He indwells us permanently and will never leave us (John 14:16-17)• He helps us grow in Christlikeness (Galatians 5:22-23)• He empowers us to witness to others about Jesus (Acts 1:8)• He gives us power over sin (Galatians 5:16)• He gives us insight into God's Word (John 14:26)• He helps us pray according to God's will (Romans 8:26-27)

Section 2: How can we be filled and empowered by the Holy Spirit?

Read it	God's Word * Galatians 5:13-25
Paraphrase It	My Words
Talk About it	What did you learn about the Holy Spirit? What did you learn people? What do these passages tell us about living to please God?
Point it out	The Holy Spirit is the source of the abundant and fruitful Christian life. That is why God commands us to be continually filled (controlled) with the Holy Spirit. The Bible describes 3 types of people: <ul style="list-style-type: none">• The Natural Person – someone who has not received Christ (1 Corinthians 2:14)

* You may refer to the Appendix for the Bible Verses

- The Holy Spirit-filled Person – someone who lives in the power of the Holy Spirit (Acts 13:52)
- The Carnal Christian – someone who lives in the power of the flesh. (1 Corinthians 3:3)

We can be continually filled and empowered by the Holy Spirit if we...

- Confess and repent of every known sin that the Holy Spirit brings to your remembrance. (1 John 1:9)
- Surrender your self-will and ask the Holy Spirit to take control of your life and by faith claim God's promise to answer you. (Eph. 5:18; 1 John 5:14-15)
- By faith, obey Jesus and live in the power of the Spirit moment by moment. (James 1:22)



**SUMMARIZE
IT:**

The Holy Spirit is God, the third person in the Trinity.

We receive the Holy Spirit when we trust in Jesus Christ to be our Lord and Savior.

The Holy Spirit is the Source of the abundant and fruitful Christian life.

We can be continually filled and empowered by the Holy Spirit if we...

- **Confess and repent of every known sin that the Holy Spirit brings to your remembrance.**
- **Surrender your self-will and ask the Holy Spirit to take control of your life and by faith claim God's promise to answer you.**
- **By faith, obey Jesus and live in the power of the Spirit moment by moment.**



**APPLY IT:
“I WILL”**

Would you like to be filled with the Holy Spirit right now? If so, you can pray to God to express your decision to be filled with the Holy Spirit:

Dear Father,

I confess that I have been in control of my own life. I recognize that I have sinned against you and I repent from my sin/s of _____.

Thank you for forgiving me for all my sins. I desire to be filled with the Holy Spirit. Please fill me now with the Holy Spirit as You commanded me to be filled. I claim Your promise that You will answer me when I ask anything according to Your will. I surrender the control of my whole life to You. By the power of the Holy Spirit I will follow You and live to please You and tell others about You. In Jesus' Name I pray. Amen.

If you are not sure that you are filled with the Holy Spirit right now, then let it be your action point!

I will _____



SHARE IT:

Who will you share these truths with this week?

4

Where do you find security? Assurance of Salvation

We all value the feeling of security. We think money, relationships, status, outward appearance, and power can make us feel secure. In the Christian life, we also have questions about security: What if I sin again? Will my relationship with God change? Will God get tired of forgiving me? Will I lose the promise of eternal life? But our security is not in feelings, in the words of men, or in religion — it is in God Himself, in His faithfulness, in His word, and in His promises. There are promises of God which we can be assured of if we place our trust in Jesus as Lord and Savior of our lives.

Read it	God's Word * John 1:12 1 John 1:9
Paraphrase It	My Words

* You may refer to the Appendix for the Bible Verses

Talk About it

What do you like about these verses?

What bothers you about these verses?

What do you learn about God?

What do you learn about people?

What do you learn about following Jesus?

**SUMMARIZE
IT:**

In this session, we learned about the promises of God that assures us of our permanent relationship with Him as our Heavenly Father, once we place our trust in Jesus as Lord and Savior of our lives.

- **The Promise of ADOPTION** - God assures us that if we believe and accept His Son, we will become God's adopted child, and therefore a part of His family. This relationship is permanent. (John 1:12)
- **The Promise of FORGIVENESS** - You are 100% forgiven. All your sins are forgiven—your past, present and future sins! (Colossians 2:13)
- **The Promise of TRANSFORMATION** – Not only does God forgive us, but He is also committed to make us a new person! God will enable you to be the person He wants you to be. (2 Corinthians 5:17)

- The Promise of **ETERNAL LIFE** - God doesn't want us to live doubting our eternal destiny. The promise of eternal life becomes ours the moment we place our trust in Jesus as our personal Lord and Savior. (1 John 5:11-13)



**APPLY IT:
"I WILL"**

**As an application of what you have learned today,
write down your "I will" statement:**

I will _____.



SHARE IT:

Who will you share these truths with this week?

I will share these truths to _____.

5

Are you ready to tell the world?

Baptism

Read it	God's Word * Acts 2:38,41
Paraphrase It	My Words
Talk About it	What did you learn about God? What did you learn about people? What did you learn about Jesus?
Point it out	Baptism is a declaration that we are no longer slaves to sin (Romans 6:3-6) It is part of Jesus' commandment in the great commission (Matthew 28:18-19) To be identified with Christ is to declare him as Lord (Romans 10:9) It symbolizes how we have been brought from death to life (Romans 6:12-13)

* You may refer to the Appendix for the Bible Verses



**SUMMARIZE
IT:**

When we placed our faith in Jesus Christ, something happened to us in the spiritual realm. This act of immersion (and coming out of the water) symbolizes our identification with Christ's death, burial, and resurrection through our faith in Him. It's considering ourselves cut-off from our old and sinful life; and we are spiritually baptized into His resurrection by living the new life that is victorious over sin with Christ through the power of the Holy Spirit. To put it simply, baptism by immersion is a picture of going from death to new life.

After learning all this, would you say that you are living a 100% surrendered life to Christ? After today's discussion, what is one thing you will commit to do as a response?

Write down your action point to apply the lesson you learned.



**APPLY IT:
"I WILL"**

I will _____



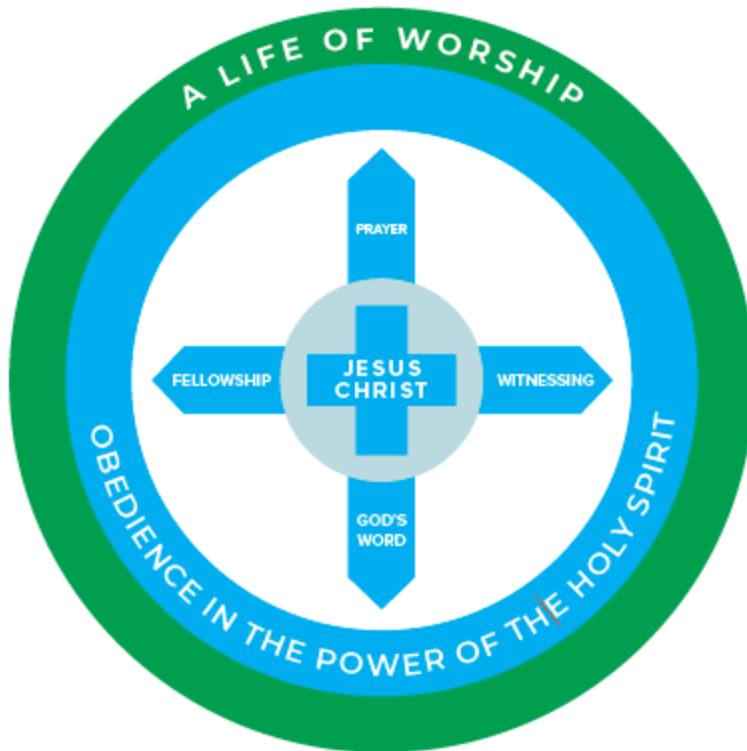
SHARE IT:

Who will you share these truths with this week?

6

What Now? Spiritual Disciplines

We all grow in our own relationship with Christ. Here is a visual guide that shows the important elements in this spiritual growth:



THE GROWTH WHEEL, ADAPTED FROM THE NAVIGATORS

Let's discuss this diagram to know how we can continually grow in our relationship with Christ.

Section 1: Christ at the center

Read it	God's Word * Galatians 2:20
Paraphrase It	My Words
Talk About it	What did you like about the passage? What did bother you about the passage? What did you learn about following Jesus?
Point it out	<ol style="list-style-type: none">1. A wheel's power comes from the hub.2. When you let Christ be at the center of your life on a daily basis, the wheel will move smoothly.3. Although in life there will be bumps ahead, if Christ remains at the center, nothing can shake the wheel or steer you away from His direction.

* You may refer to the Appendix for the Bible Verse

Section 2: Obedience in the power of the Holy Spirit

How will you know what God wants you to do? Let's study these passages.

OUR VERTICAL RELATIONSHIP:

Relating with God through Prayer & God's Word

Read it	God's Word * Philippians 4:6-7 2 Timothy 3:16-17
Paraphrase It	My Words
Talk About it	What did you like about the passage? What did bother you about the passage? What did you learn about following Jesus?
Point it out	<ol style="list-style-type: none">1. Open communication with God is vital to grow in our relationship with Him.2. We communicate with God through prayer. Prayer is an ongoing conversation with God — it is listening and talking to God from our heart.3. God's primary way of speaking to us is by reading His Word. Regularly reading His word enables you to know His character, His heart, His ways, His plans and His commands.

* You may refer to the Appendix for the Bible Verses

OUR HORIZONTAL RELATIONSHIP: Relating with Others through Fellowship, Accountability, and Witnessing

<p>Read it</p>	<p>God's Word *</p> <p>Hebrews 10:24-25</p> <p>Matthew 28:18-20</p>
<p>Paraphrase It</p>	<p>My Words</p>
<p>Talk About it</p>	<p>What did you learn about God?</p> <p>What did you learn about people?</p> <p>What did you learn about following Jesus?</p>
<p>Point it out</p>	<ol style="list-style-type: none"> 1. In our relationship with Christ, it is important for us to regularly meet with other Christians to encourage and teach one another to live a life of obedience to Christ. 2. Witnessing by sharing the good news of Jesus to others is a responsibility Jesus gave to us who believes in Him and can significantly strengthen our relationship with Christ. 3. We have the BEST NEWS EVER and we need others to know about this, too, so that they can experience the joy and freedom we found in Christ.

* You may refer to the Appendix for the Bible Verses

Section 3: A life of worship

Read it	God's Word * Romans 12:1-2
Paraphrase It	My Words
Talk About it	What did you learn about God? What did you learn about people? What did you learn about following Jesus?
Point it out	<ol style="list-style-type: none">1. As we obey what God wants us to do through the power of the Holy Spirit, it will result to a life of worship.2. Everything we do should bring honor to Christ – even when we are at work, at home, at school, or at play. That is worship.

* You may refer to the Appendix for the Bible Verses



**SUMMARIZE
IT:**

In this session, we learned about how we can continue growing in our relationship with Christ. Through a simple diagram of The Wheel, we have discussed that:

- Christ should be the center of our lives on a daily basis.
- An obedient Christian lives out the following through the power of the Holy Spirit: Cultivating his relationship with God by praying and reading God's word, and cultivating our relationship with others by fellowship & accountability with other Christians, and sharing Jesus with other people.
- As we obey Christ, it will result into a life of worship—everything we do brings honor to Christ.



**APPLY IT:
"I WILL"**

After knowing these truths, what are you willing to do?

I will _____



SHARE IT:

Who will you share these truths with this week?



APPENDIX: BIBLE VERSES

SESSION 1

John 3:16

“For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life.

Romans 6:23

For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

SESSION 2

Luke 9:23-24

And He was saying to them all, “If anyone wishes to come after Me, he must deny himself, and take up his cross daily and follow Me. ²⁴ For whoever wishes to save his life will lose it, but whoever loses his life for My sake, he is the one who will save it.

SESSION 3

John 14:16-17

I will ask the Father, and He will give you another Helper, that He may be with you forever; ¹⁷ that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you.

John 16:13-15

But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come. ¹⁴ He will glorify Me, for He will take of Mine and will disclose it to you. ¹⁵ All things that the Father has are Mine; therefore I said that He takes of Mine and will disclose it to you.

Galatians 5:13-25

For you were called to freedom, brethren; only do not turn your freedom into an opportunity for the flesh, but through love serve one another. ¹⁴ For the whole Law is fulfilled in one word, in the statement, "You shall love your neighbor as yourself." ¹⁵ But if you bite and devour one another, take care that you are not consumed by one another.

¹⁶ But I say, walk by the Spirit, and you will not carry out the desire of the flesh. ¹⁷ For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. ¹⁸ But if you are led by the Spirit, you are not under the Law. ¹⁹ Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, ²⁰ idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, ²¹ envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ If we live by the Spirit, let us also walk by the Spirit.

SESSION 4

John 1:12

But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name,

1 John 1:9

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

SESSION 5

Acts 2:38, 41

Peter said to them, “Repent, and each of you be baptized in the name of Jesus Christ for the forgiveness of your sins; and you will receive the gift of the Holy Spirit. ⁴¹ So then, those who had received his word were baptized; and that day there were added about three thousand souls.

SESSION 6

Galatians 2:20

I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me.

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

2 Timothy 3:16-17

All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; ¹⁷ so that the man of God may be adequate, equipped for every good work.

Hebrews 10:24-25

and let us consider how to stimulate one another to love and good deeds, ²⁵ not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.

Matthew 28:18-20

And Jesus came up and spoke to them, saying, "All authority has been given to Me in heaven and on earth. ¹⁹ Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, ²⁰ teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age."

Romans 12:1-2

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. ² And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.



It has been such
a blessing to have a Real Talk
with you for the last few weeks.
I appreciate the time we have
spent together and we praise
God for this opportunity.
**Let's continue together in
this beautiful journey
with the Lord!**