ccf

FAMILY LIFE

BOOK

GLC LEVEL 2

ccf

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BOOK 7: FAMILY LIFE

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The GLC Program

Global Leadership Center (GLC) is CCF's very own discipleship resource to help you grow in your walk, start a group, and help others start their own group.

A SIMPLE TRAINING ROADMAP TO GUIDE YOU THROUGH THIS JOURNEY OF FAITH IN CHRIST·

ENGAGE

Build relationships and share Jesus with others

GLC LEVEL 1

EDIFY

Grow together in a Discipleship Group

GLC LEVEL 2

EQUIP

Start leading a Discipleship Group

GLC3LEAD

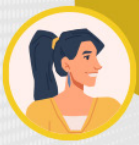
EMPOWER

Help others start their own Discipleship Group

DISCIPLESHIP JOURNEY

engage

build relationships and share Jesus with others



Dleader/
Dmember

Hey, Sis! Do you want to know more about Jesus and the Bible?

Guest, family or friend

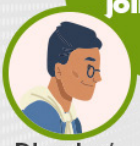
Okay! When can we meet?

TOOLS FOR YOUR JOURNEY:

Best Decision Tract
Real Talk Booklet

edify

grow together in a Discipleship Group



Dleader/
Dmember

Bro! Are you interested in joining a Dgroup?

Guest, family or friend

Game! Where do I sign up?

TOOLS FOR YOUR JOURNEY:

Real Talk Booklet
True Life Retreat
GLC 1

equip

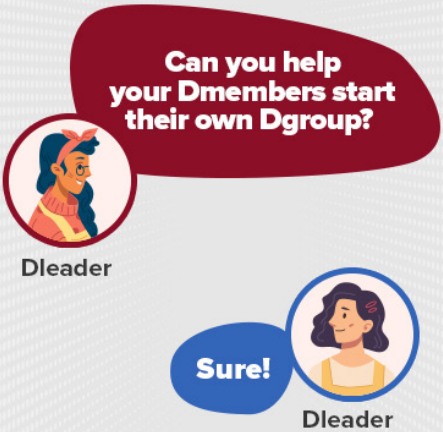
start leading a Discipleship Group

TOOL FOR YOUR JOURNEY:

GLC 2

empower

help others start their own Discipleship Group



TOOL FOR YOUR JOURNEY:

GLC 3

OUR TRAINING

GLC
LEVEL 2

GLC
LEVEL 1

ENTRY
OPEN TO ALL

GLC LEVEL 1

Trainees at this level are taught basic Biblical truths and how to effectively share the Gospel **(Pray, Care, Share)**

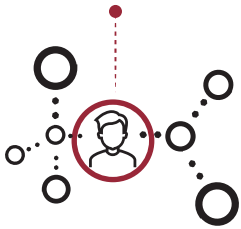
MILESTONES

GLC3LEAD

ENTRY
TRAINEES SHOULD BE DISCIPLING AT LEAST THREE PEOPLE

▶ GLC 3 LEAD

Trainees at this level are taught how to be spiritual multipliers



ENTRY
TRAINEES SHOULD BE FOLLOWING UP AT LEAST TWO PEOPLE

▶ GLC LEVEL 2

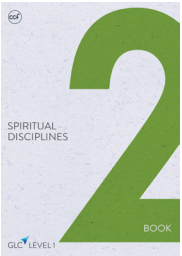
Trainees at this level are taught the right doctrines and how to start discipling through a DGroup

GLC LEVEL 1

OPEN TO ALL
EXPLAINS THE GOSPEL, THE BASICS OF THE CHRISTIAN LIFE, AND CCF'S DNA.

ONE BY ONE

Explore how you can experience lasting change from the inside out through a personal encounter with Jesus Christ. Make a positive impact on the world around you as you discover and live out the truth and grace of the gospel.



SPIRITUAL DISCIPLINES

Learn about spiritual habits that, when practiced diligently will help you know Jesus more. Discover His will for your life through His Word, the Bible.

THE HOLY SPIRIT

Discover who the Holy Spirit is and the importance of the Spirit-filled life for every child of God. Understand the gifts and fruit of the Spirit and learn how to be more dependent on the Lord as you apply the truth about the Holy Spirit in your life.

CCF DNA

See the big picture of what Christ's Commission Fellowship is all about, discover our God-given mission, vision, and core values. Know how you are uniquely designed by God to take part in this lifetime of faith adventure of fulfilling God's Great Commission.

GLC true life

OPEN TO ALL

True Life, a two-day spiritual retreat, explores the meaning of a truly fulfilling life. Many seek happiness through worldly success, possessions, and relationships, yet these often leave a void.

The retreat emphasizes that it's faith in Jesus Christ alone that brings true life, one that's filled with joy, hope, and purpose. John 10:10, ("I have come that they may have life and have it to the full") highlights Jesus' promise of abundant life. Participants examine their hearts, share their stories, and discover the victorious life Christ makes available to all who believe in Him.

GLC BAPTISM

OPEN TO ALL

Coming to know Jesus as our Lord and Savior causes us to experience various changes in our lives, beginning with our hearts. Water Baptism is the outward expression, a symbol of what has taken place inside us when we accepted Jesus as Savior and Lord.

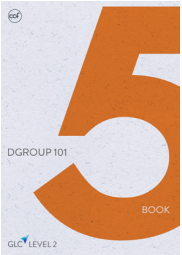
GLC LEVEL 1 COMPLETION REQUIREMENTS

1. Completed Books 1 to 4
2. Registered as a Dgroup Member
3. Attended / Commit to attend a True Life Retreat
4. Accomplished the LifeApp form

GLC LEVEL 2

OPEN TO ALL
GLC LEVEL 1 FINISHERS

TRAINS YOU HOW TO START A DGROUP, NURTURE YOUR FAMILY, AND KNOW THE BASIC DOCTRINES OF OUR FAITH.

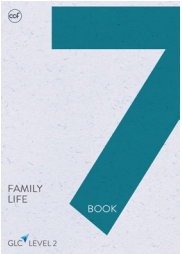


DGROUP 101

Learn about how we grow in a Dgroup that is faithful to Christ's design and is truly transformative.

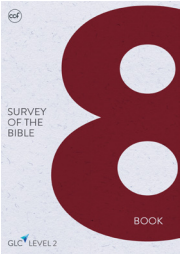
BASIC DOCTRINES

Discover the foundational doctrines behind the Statement of Faith which we believe and profess.



FAMILY LIFE

Be a blessing to your family and lead them to Jesus as you become a Christ-like spouse, sibling, and child.



SURVEY OF THE BIBLE

This module presents an extensive chronological overview of the Bible from Genesis to Revelation.

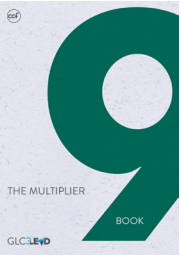
GLC LEVEL 2 COMPLETION REQUIREMENTS

1. Completed all GLC LEVEL 1 requirements
2. Completed Books 5 to 8
3. A Dgroup leader with at least 2 members
4. Accomplished the LifeApp form (signed/attested by Dgroup Leader)

GLC3LEAD

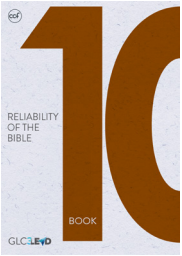
OPEN TO ALL DGROUP LEADERS WITH ACTIVE MEMBERS

TEACHES CCF DGROUP LEADERS HOW TO BETTER MENTOR, COACH, AND EMPOWER THEIR MEMBERS TO START THEIR OWN DGROUP.



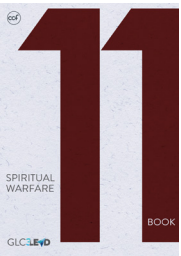
THE MULTIPLIER

Be equipped to lead with Christlike character and multiply leaders for God's glory.



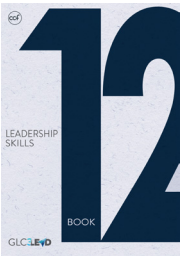
RELIABILITY OF THE BIBLE

Discover why the Bible is truly reliable and examine the historical accuracy of Scripture.



SPIRITUAL WARFARE

This module provides an overview of Biblical principles for winning in Spiritual Warfare.



LEADERSHIP SKILLS

Be equipped to lead others Biblically through mentoring, counseling, conflict resolution, and disciple-making relationships.

GLC3 LEAD COMPLETION REQUIREMENTS

1. Completed GLC LEVEL 1 and GLC LEVEL 2 requirements
2. Completed all GLC 3 LEAD training modules
3. A Dgroup Leader with one timothy, discipling 2 members
4. Accomplished the LifeApp form (signed/attested by Dgroup leader)

WHAT'S A GLC LIFEAPP?

The end goal of discipleship is Christikeness. The Christian life is not a "to-do" list; it is a moment-by-moment loving, relationship with our Heavenly Father. It is a life of faith and obedience as we follow Jesus through the discipleship path He has laid for us.

The GLC training curriculum aims for the life application of God's Word. The Bible-based lessons are not merely for information, but for transformation. Hence, the GLC Life App is intended to ensure we apply what we learn.

Download the GLC LifeApp here:

go.ccf.org.ph/LifeApp

GLC TRAINING PLATFORMS

GLC training is offered through different learning platforms so you can choose which one best suits your needs.

GLC FACE TO FACE CLASSES

Make your “on-the-job” training experience more meaningful by joining face-to-face classes and interacting with GLC teachers and other trainees. Check out your local and international CCF satellites announcements and schedules.

GLC | zoom CLASSES

Be part of a live online class and learn together in the comfort of your own home, office, or anywhere you are in the world. Check out your local and international CCF satellites announcements and schedules.

GLC in DGroups

Learn together with your DGroup members as you meet for fellowship, accountability, and Bible study using GLC resources.

GLC eLEARNING SELF-PACED

Can’t Attend GLC F2F and Zoom Classes? Choose the GLC E-Learning Self-Paced program that is designed to fit your busy schedule. Start your discipleship journey to be equipped on your own time, at your own place, and at your own pace.

WELCOME WEDNESDAYS

Welcome Wednesday is a weekly Bible study community designed for those who want to grow in their Discipleship Journey.

Whether you're just starting your walk with God, asking questions, or wanting to grow deeper, this is a safe and encouraging place for you.

Through our Biblical Foundation Series, you'll learn more about who God is, what it means to follow Him, and be plugged into a Dgroup.

Biblical Foundations First-Timers Bible Study Series

This series is well-suited for those who are taking baby steps in their walk with Christ, or those who are simply curious and have questions about the Christian faith. Discover life-transforming answers from God's Word about the forgiveness of sins, heaven and hell, and the best decision you can ever make in this life and for eternity.

Biblical Foundations Follow-Up Bible Study Series

Examine more closely what you know and believe about the nature of sin and its effects on us; the characteristics of genuine faith in Christ and why salvation is free for us, yet has a very high cost that we cannot even pay for.

Holy Spirit
Discover who the Holy Spirit is and the importance of the Spirit-filled life for every child of God.

Galatians
The Book of Galatians is as relevant to us today as it was to the first Christians and within its pages we find important Biblical truths for the defense of the true gospel.

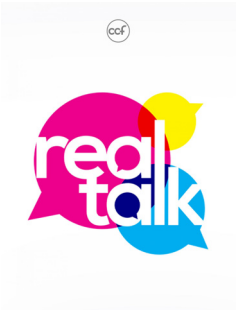
Evangelifestyle
A very important part of our relationship with Jesus is to take part in His mission to reconcile people back to our Heavenly Father. Here you will learn how to pray, care and share the love of Christ to family, friends and even strangers as you go about your daily life.

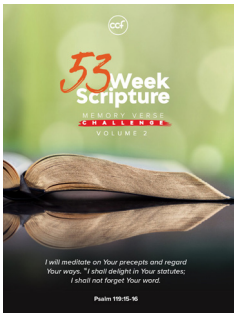
Spiritual Disciplines
Learn about spiritual habits that, when practiced diligently will help you know Jesus more. As you get to know Christ, you will also discover His will for your life through His Word, the Bible.

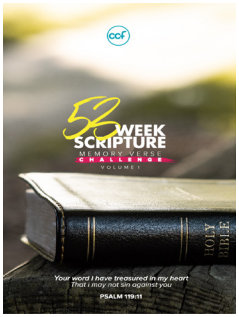
Membership (CCF DNA)
See the big picture of what CCF is all about, discover our God-given mission, vision, and core values. Know how you are uniquely designed take part in this lifetime of faith adventure of fulfilling Christ's Great Commission, and what it means to be a member of God's CCF family.

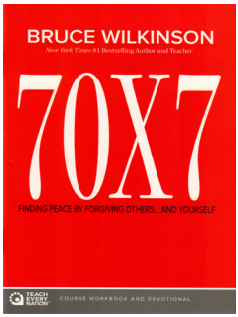
GLC TRAINING

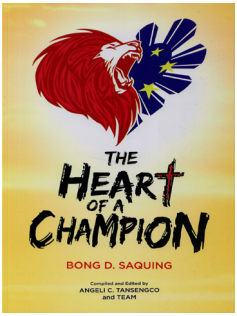
MATERIALS

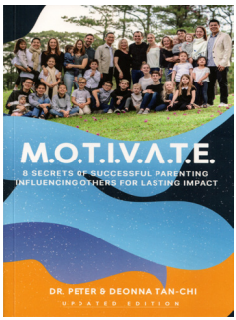












Want to get your own copy of the GLC Books?

You may send your request to **glc@ccf.org.ph,** and our team will gladly assist you with the details.

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INTRODUCTION

Jesus devoted His time to His disciples whom He trained, empowered and commissioned to make disciples until He comes again. Today, it's our turn to take up this challenge!

Following Jesus' pattern, you have this opportunity to equip yourself with the necessary biblical mindset and leadership skills to mentor and multiply disciples through a discipleship group, or Dgroup. This training module also aims to address common questions, fears, and hesitations you may have as you disciple others in a Dgroup.

HOW TO USE THIS WORKBOOK

This workbook is for the GLC Book 7: Family Life study. If you are a Dgroup facilitator, please make sure that you do a personal Bible study using this workbook ahead of your Dgroup meeting.

Encourage your group members to have their own workbooks. You may download the PDF version for free at glc.ccf.org.ph. Do not divert from the teaching topic – stick to what is in the workbook.

The workbook includes the Bible lesson, and individual and Dgroup learning activities to help you get the most out of your meetings. There are four parts in every session: Welcome, Talk About It, Apply It and Pray It.

Welcome —

Contains individual and small group activities that help prepare you for the Bible study.

Talk About It —

This is where you go through the Bible lesson with the group. This is also where the members of the group get a chance to express more of their insights, questions, and thoughts about the Bible lesson. They can do it in writing, doodling or drawing, and sharing with the rest of the group.

Pray It —

Suggested prayer points based on the lesson asking for the Lord's grace in applying what has been learned after the study.

This workbook is just a tool. We need to depend on the Holy Spirit to teach us God's truth and transform our hearts as we go through the Bible studies.

So, come and discover the One who will change your life!

Apply It —

This section is accomplished outside the group meeting time. There are suggested individual or group Life Apps that will hopefully help you experience life transformation as you apply God's truth in practical ways.

SESSION ONE

GOD'S DESIGN FOR THE FAMILY

God designed the family as the foundation of society and the primary place where love, faith, and character are nurtured.

In this session, you'll learn biblical principles for building strong marriages, raising children according to God's Word, and living out your roles in ways that honor Him

WELCOME

1. On a piece of paper, write down the different members of a family (father, mother, eldest child, youngest child). Ask each small group member to pick a piece of paper. Describe the family member you picked by identifying the primary role that you believe he/she has in the home. (Example: Father - head of the family, provider, etc.).

2. What is your role in your family? Give a short description of the role you play and what you think will happen if this role is not fulfilled.

Learning Nugget

God created the family as the first institution (Genesis 2:18–24). It reflects His order, love, and purpose for humanity. The family is designed to be a place of love, discipleship, and reflection of God's kingdom. Each part is important and has an essential role to play. Also, if one part feels pain, the whole body knows it and is affected by it.

BUILDING HOMES THAT HONOR GOD

TALK ABOUT IT

The Family is under attack!

- Single parent homes – absentee father/mother, OFWs
- Divorce – almost 1 in 2 marriages in the U.S. end in divorce (Annulment in the Philippines)
- Wrong Values – Addiction to games/media, premarital sex, teenage pregnancy, pornography, substance abuse – alcohol, drugs
- Cohabitation and Adultery
- Gender confusion and same-sex marriages

No success in public life can compensate for failure in the home.

- Benjamin Disraeli

A. God as the Foundation

1. The family is God's _____ to bless nations

Genesis 1:28
God blessed them; and God said to them, "Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth."

2. God established the family for passing on a _____ from parents to children

- To know and love God
- To know and obey God's Word
- For character development

Psalm 78:4
We will not conceal them from their children,
But tell to the generation to come the praises of the Lord,
And His strength and His wondrous works that He has done.
5 For He established a testimony in Jacob
And appointed a law in Israel,
Which He commanded our fathers
That they should teach them to their children,
6 That the generation to come might know, even the children yet to be born,
That they may arise and tell them to their children,
7 That they should put their confidence in God
And not forget the works of God,
But keep His commandments,
8 And not be like their fathers,
A stubborn and rebellious generation,
A generation that did not prepare its heart
And whose spirit was not faithful to God.

3. Because the family is to be a _____of God's love and our relationship with Him

Father and child relationship
John 1:12

But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name,

B. Marriage as the Core

1. _____ in the marriage
   a. **Leave**
   b. **Cleave**
   c. **God hates divorce**

Mark 10:6-9

[6] But from the beginning of creation, God made them male and female. [7] For this reason a man shall leave his father and mother, 8 and the two shall become one flesh; so they are no longer two, but one flesh. [9] What therefore God has joined together, let no man separate."

a. **Leave**

- Emotionally
- Physically
- Financially

Leaving must not ignore the command to “honor your parents.”

- Don’t _____ your parents or in-laws and their feelings.
- Don’t _____ or gossip about your parents or in-laws.
- Don’t _____ opportunities to honor your parents.

b. **Cleave**

- Emotionally
- Physically
- Financially

Cleaving is an intentional change in _____ from parents, family, work to spouse.

Cleaving requires total commitment to honor your marriage covenant regardless of your personal feelings or your spouse’s response

What God has joined together let no man separate.

Pursue activities or people that lead to oneness (common hobbies/sports or circle of friends)

c. God hates divorce.

Malachi 2:16
"For I hate divorce," says the Lord, the God of Israel, "and him who covers his garment with wrong," says the Lord of hosts. "So take heed to your spirit, that you do not deal treacherously."

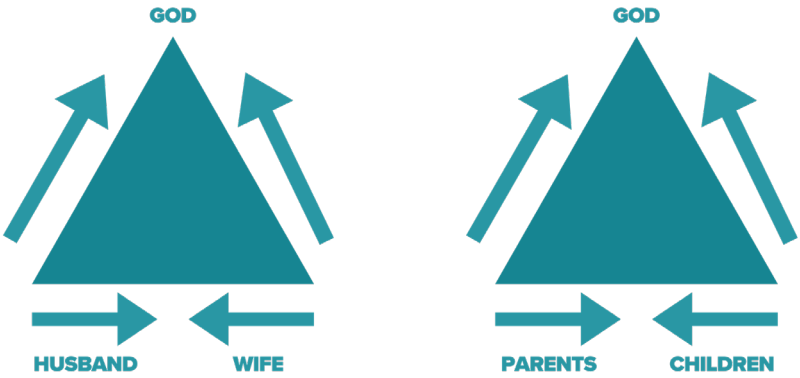
2. _____ between husband and wife. Marriage is for sexual pleasure and procreation.

1 Corinthians 7:2-3
2 But because of immoralities, each man is to have his own wife, and each woman is to have her own husband. 3 The husband must fulfill his duty to his wife, and likewise also the wife to her husband.

Psalm 127:3
Behold, children are a gift of the Lord, the fruit of the womb is a reward.

C. Features of a Godly Family

1. Loving God and having God as the _____.



Mark 12:30
and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength

2. Loving _____ and serving _____

Mark 12:31
The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

Mark 10:45
For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.

3. Obeying God's _____

Matthew 7:24-25
24 "Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on the rock. 25 And the rain fell, and the floods came, and the winds blew and slammed against that house; and yet it did not fall, for it had been founded on the rock.

4. Modeling Godly _____ and bearing fruit of the Holy Spirit

1 Corinthians 11:1
Be imitators of me, just as I also am of Christ.

Galatians 5:22-23
22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

5. _____ together

Matthew 18:19-20
19 "Again I say to you, that if two of you agree on earth about anything that they may ask, it shall be done for them by My Father who is in heaven. 20 For where two or three have gathered together in My name, I am there in their midst."

D. Roles of Husband and Wife

1. Roles are important for the proper functioning of the family.

a. Roles are determined by _____, not by society or by ability. It does not imply superiority, inferiority, or inequality. Men and women are equal.

b. Roles are necessary for the _____ and effectiveness in accomplishing God's _____.

c. Roles are needed for role _____.

2. Roles of Husband

a. _____

Ephesians 5:23
For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body.

• The husband is _____ and _____ to God for how he leads his wife and children.

1 Timothy 3:4
He must be one who manages his own household well, keeping his children under control with all dignity.

✓ He sets a good example.

• The husband is to _____.

1 Timothy 5:8
But if anyone does not provide for his own, and especially for those of his household, he has denied the faith and is worse than an unbeliever.

✓ He **plans** ahead.

• The husband is to _____ the wife.

1 Peter 3:7
You husbands in the same way, live with your wives in an understanding way, as with someone weaker, since she is a woman; and show her honor as a fellow heir of the grace of life, so that your prayers will not be hindered.

✓ He takes the **initiative.**

✓ "The buck stops with him!"

b. _____

Ephesians 5:25-26
25 Husbands, love your wives, just as Christ also loved the church and gave Himself up for her, 26 so that He might sanctify her, having cleansed her by the washing of water with the word

• Husbands are to _____ his wife and love here _____ (agape love). It is the same love that God has for us.

Ephesians 5:28-29
28 So husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself; 29 for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church,

• This love is _____ and _____. It is not reactive or selfish. “True love doesn’t have a happy ending; true love doesn’t have an ending.”

The needs of a wife are:

- Affection, Love (Intimacy, Closeness)
- Affirmation (Appreciation, Compliment)
- Attention (Time, Heart, Communication)
- Leadership (Spiritual, Direction)
- Security (Emotional, Financial)
- Family Commitment

3. Roles of Wife

a. _____

Genesis 2:18
Then the Lord God said, "It is not good for the man to be alone;
I will make him a helper suitable for him."

Proverbs 31:10-12
10 An excellent wife, who can find? For her worth is far above jewels.
11 The heart of her husband trusts in her, and he will have no lack of
gain. 12 She does him good and not evil all the days of her life.

- To help, assist, aid, support her husband.
- To prioritize her husband.
- To do her husband good all the days of her life.
- To be the home manager under the authority of her husband.

Titus 2:4-5
Older women… [4] so that they may encourage the young women to love their husbands, to love their children, [5] to be sensible, pure, workers at home, kind, being subject to their own husbands, so that the word of God will not be dishonored.

b. _____
Voluntarily to your own husband as to the Lord in everything with a gentle and quiet spirit.

1 Peter 3:1-4
In the same way, you wives, be submissive to your own husbands so that even if any of them are disobedient to the word, they may be won without a word by the behavior of their wives, [2] as they observe your chaste and respectful behavior. [3] Your adornment must not be merely external—braiding the hair, and wearing gold jewelry, or putting on dresses; [4] but let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God.

Submission is ultimately not between the wife and the husband, but between the wife and God. He commands the wife to submit and if she doesn't, she is sinning.

Submission without respect is not submission at all!

Ephesians 5:33 [amplified version]
And let the wife see that she respects and reveres her husband - that she notices him, regards him, honors him, prefers him, venerates, and esteems him; and that she defers to him, praises him, and loves and admires him exceedingly.

Submit and Respect

- is not earned or based on his behavior.
- is based on his God-given position of authority.
- means knowing and meeting his needs, making him your priority.
- means watching your body language, tone of voice and words. No rolling of eyes or avoiding eye contact when irritated.

The needs of most husbands:

- Authority: Serve, Lead, Analyze and Counsel
- Conquest: Work, Achieve, Protect, Provide
- Respect: Honor
- Relationship: Close Friendship
- Support: Domestic
- Sexuality: Sex, Attractive Wife

The deepest joy of life is found in God Himself. Yet among His sweetest earthly gifts is a marriage shaped by His grace — where two people walk together in love, faithfulness, sacrifice, and worship.

– Peter Tanchi Jr.

BREAKOUT DISCUSSION

1. What attacks in the family did you grow up with or you are still experiencing now? How is it affecting you? (You may or may not share if you're uncomfortable at this point.)

2. What changes are you going to make in your life so that your family can live according to God's design?

APPLY IT

Rate your family according to the features of a God-designed family. Which of the features did your family rank the highest? The lowest? What specific practical steps are you going to make in order to develop and improve it?

Features of a God-designed family	Rating (1 to 10) 10 is the highest	Specific Practical Steps
Loving God/God as the center		
Love/Serve one another		
Obey God's Word		
Modeling Godly Character/Bearing Fruit of the Holy Spirit		
Praying together		

PRAY IT

Heavenly Father, we come before You with gratitude for the gift of family, the foundation of Your creation, and the cornerstone of society. We ask for Your divine protection over every family, that they may remain steadfast in love and unity. Help us to reflect Your grace within our homes, showing respect, trust, and selflessness toward one another.

May our hearts be filled with servant attitudes, and may we cherish the time spent together, building relationships that honor You and strengthen the bonds of closeness. Bless us to pass on a godly heritage to future generations, rooted in Your truth and love.

In Jesus' name, Amen.

SESSION TWO

HOW TO INFLUENCE YOUR CHILDREN

Parenting is more than providing; it's shaping hearts, values, and faith. This session will help you become a godly influence in your children's lives by modeling Christlike living, communicating with love and truth, and building lasting relationships.

WELCOME

What are one or two skills that you learned from your parents even though they did not give you any instructions? In other words, you learned it by watching and observing your parents as you were growing up?

(Example: cooking or playing an instrument....)

Learning Nugget

Parents pass on a legacy to their children through the values they model and not always through their words. Words are precious but as the saying goes, “action speaks louder than words.”

The way parents act can sometimes influence what their children will become in the future.

GOD'S DESIGN FOR PARENTING

TALK ABOUT IT

I. What Parents Need to Know

A. Parenting is a _____ trust as parents train their children to grow in character (Christ-likeness) and bring honor to God.

Ephesians 6:4
Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

Proverbs 22:6
Train up a child in the way he should go, even when he is old he will not depart from it.

1 Samuel 2:12
Now the sons of Eli were worthless men; they did not know the Lord

B. Parents are not to _____ their children.

Colossians 3:21
Fathers, do not exasperate your children, so that they will not lose heart.

How parents exasperate their children:

- Unrealistic expectations
- Unreasonable rules
- Failure to listen
- Temper

- Constant criticism
- Failure to keep commitments
- Hypocrisy
- Favoritism

C. Parents are to develop their children's full _____ (mentally, physically, spiritually and socially) to prepare them to face the challenges of this world.

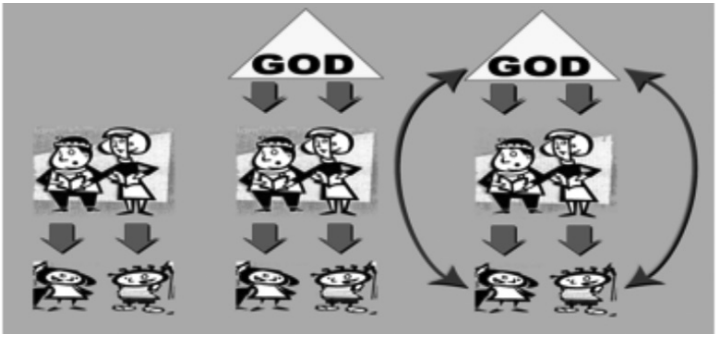
Luke 2:52
And Jesus kept increasing in wisdom and stature, and in favor with God and men.

Romans 12:2
And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

The Principle of Solid Foundation

Matthew 7:26-27 –
26 Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. 27 The rain fell, and the floods came, and the winds blew and slammed against that house; and it fell—and great was its fall."

The God Factor



SECULAR PARENTING | **TRADITIONAL PARENTING** | **BIBLICAL PARENTING**

A Parent's Influence

I took a plastic clay
And idly fashion it one day;
And as my fingers pressed still,
It moved and yielded at my will.
I came again when days were past,
The form I gave it still it bore,
And as my fingers pressed it still,
I could change that form no more.
I took a piece of living clay,
And gently formed it day by day,
And molded with my power and art,
A young child's soft and yielding heart.
I came again when days were gone;
It was a man I looked upon,
He still that early impress bore,
And I could change it never more.

- author: unknown

II. Different Styles of Parenting

STYLE	MANIFESTATION	EFFECT ON CHILD
1. Overprotective	Hovers over children; Overprotective	Insecure and dependent
2. Child-centric	Spoiler; husband not first priority	Becomes entitled
3. Peer	Casual; No discipline	Disrespectful
4. Passive	Not involved; Lacks decision making	Becomes insecure
5. Abusive	Harsh words; hurts physically and emotionally	Distrusts authority
6. Dictatorial	Does not listen; controlling	Rebellious; run away
7. **Heart Parenting**		

A. Why focus on the heart?

1. Man is more concerned about **behavior.**

2. God is more concerned about the _____.

3. Behavior is **external.** Heart is internal.

4. Lasting _____ takes place in the heart.

B. Biblical Verses

1 Samuel 16:7
But the LORD said to Samuel, "Do not look at
his appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the LORD looks at the heart."

Deuteronomy 6:2
so that you, your children and their children after them may fear the Lord your God as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life.

Deuteronomy 6:3-4
3 Hear, Israel, and be careful to obey so that it may go well with you and that you may increase greatly in a land flowing with milk and honey, just as the Lord, the God of your ancestors, promised you. 4 Hear, O Israel: The Lord our God, the Lord is one.

Deuteronomy 6:5-7
5 And you shall love the Lord your God with all your heart and with all your soul and with all your might. 6 And these words which I am commanding you today shall be on your heart; 7 and you shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up.

III. The 8 Laws of Parenting

M - odeling
O - pen Communication
T - ime
I - ntimacy
V - ision
A - ffirmation
T - raining
E - ntreaty

M - MODELLING

R - RELATIONSHIP

- Open communication
- Intimacy
- Affirmation

I - INTENTIONALITY

- Time
- Vision
- Training
- Entreaty

M – MODELING

A. Law of Modeling
1. Children **copy** us either positively or negatively.

1 Corinthians 11:1 – Be imitators of me, just as I also am of Christ.

2. Values are _____, not taught.

"Your actions speak so loudly, I can't hear what you are saying."

3. Modeling is the most effective way of teaching. Make it a way of life. Make it **lifestyle** teaching.

4. Modeling is about _____, not perfection.

Philippians 3:17
Brethren, join in following my example, and observe those who walk according to the pattern you have in us.

5. Model Biblical **values.**

Wrong Style: "Do what I say, not what I do."

Correct Style: "Do what I say and do."

You must be what you want them to be because they will become what you are!

R – RELATIONSHIP

A. **Law of Open Communication**

1. The more you **communicate,** the more you can **influence** them.

James 1:19-20
[19] This you know, my beloved brethren. But everyone must be quick to hear, slow to speak and slow to anger; [20] for the anger of man does not achieve the righteousness of God.

2. The key to good communication is **listening.** The more you listen, the more you _____ them.

B. **Law of Intimacy**

1. The closer the **relationship,** the greater the **influence.**

1 Corinthians 15:33
Do not be deceived: "Bad company corrupts good morals."

2. Biological relationship does not guarantee good relationship.

3. The closer children are to their parents, the _____ they are influenced by their peers and vice-versa.

4. They will eventually **oppose** our values if they do not have a good relationship with us.

C. **Law of Affirmation**

Positive words impact us **positively.** Negative words impact us **negatively.**

Ephesians 4:29
Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

Proverbs 18:21
Death and life are in the power of the tongue, and those who love it will eat its fruit.

RELATIONSHIP		
OPEN COMMUNICATION	INTIMACY	AFFIRMATION
• Do not react, raise your voice, or get angry. • Do not use "You always..." "You never..." • Share your own stories and struggles. • Ask "How can I pray for you?" • Make time. Don't give busy signals. Listen with full attention. • Listen to their heart/feelings. • Show interest. Ask questions. • Don't lecture.	• Date your children individually. • Do things together. • Know what they like and what they don't like. • Know their strengths and weaknesses. • Resolve conflicts.	• Don't compare them with others. • Don't label your children. • Use positive words in affirming and correcting (sandwich approach). • Compliment good character. • Affirm through affection. • Affirm through love.

I- INTENTIONALITY

A. **Law of Time**

1. The more you spend **quality time** with your family, the more you can influence them.
2. For children, **love** is spelled "T-I-M-E"
3. Do what they **like** to do, not always what you like to do.
4. View time as an **investment.** Be **available.**

5. Look for _____

a. Times when they open up to you

b. Times when they invite you into their inner life

c. Times when they like to listen

d. You have to seize the moment when it comes

PRACTICAL APPLICATIONS

- Involve them in your schedule (grocery, exercise, business, hobby, ministry, counseling).
- Meal time
- Fun time together
- Find ways to eliminate "non-essential schedules"
- Touch their heart daily

B. **Law of Vision**

1. Vision gives **direction.**
2. The clearer and grander the vision, the greater is the _____. Be a dream-releaser.
3. Expect the **best.** Do not just see them as they are now but see what they can become in Christ.
4. Choices have **consequences.** They are free to choose but not free to escape the consequences of their decisions.
5. Present choices _____ the future. The future should impact present choices.

C. **Law of Training**

1. Proper training results in transformation.

Proverbs 22:6
Train up a child in the way he should go, even when he is old he will not depart from it.

2. Training involves _____. Teaching isn't necessarily training.

3. Obedience is the foundation of training.

Ephesians 6:1-3
[1] Children obey your parents in the Lord for this is right. [2] Honor your father and your mother (which is the first commandment with a promise) [3] so that it may be well with you, and that you may live long on the earth.

How to effectively train your children:

- Tell your child what to do and why.
- Show him how to do it.
- Do it with him.
- Let him do it.
- Correct and encourage him.
- Let him practice it until it becomes a habit.
- Make it enjoyable if possible.

"You have not truly trained a child until they have learned and practiced what you taught them."

D. Law of Entreaty

1. Only God can **transform** the heart through prayer.

Ezekiel 36:26
I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.

2. Children are not just physical beings. They are also **emotional** and **spiritual** beings.

3. We are just _____ of God's children.

4. We must make the most of the **opportunity** that God has given us to raise up our children for Him.

1 Thessalonians 5:17
Pray without ceasing.

BREAKOUT DISCUSSION

For Parents

Reflect on your current parenting style (Over protective, Child-centric, Peer, Passive, Abusive, Dictatorial, Heart). Are you aligned with God's design to prioritize influencing your child's heart rather than simply controlling their behavior? If not, in what ways can you improve?

For those without children

In the acronym MOTIVATE, choose 1-2 principles that you can practice in your spheres of influence (family members, officemates, friends) to bring them closer to Jesus. Share with your groupmates.

APPLY IT

For Parents
Set aside one day each week to do an intentional activity with your children that helps you know their heart—what they feel, think, and value.

For those without children
Plot in your schedule the 1-2 principles you chose in the acronym MOTIVATE, as you apply the principle to your (family members, officemates, friends). Share your experience with your Dgroup.

PRAY IT

Thank you Lord for the blessing of being parents. Help us to live out a life pleasing to You so we can leave a Godly legacy to our children. May all of us learn to model Christlikeness so we can influence people for Jesus. More than changing our actions, we pray You change our hearts to be focused on God alone. Amen.

In Jesus' name, Amen.

SESSION THREE

COMMUNICATE TO CONNECT

True communication takes effort, care, and love—because the goal isn't just to speak, but to truly connect. It means listening with empathy, choosing words with kindness, and being intentional in how we respond. It's not about winning an argument or simply getting our point across; it's about building understanding, strengthening relationships, and creating space where hearts meet. When we communicate with love, we go beyond exchanging information, we cultivate trust, closeness, and unity.

WELCOME

Role Play: Talker and Listener.

- Find a partner and decide who will be the talker and who will be the listener.
- For the talker, share in 30 seconds with the listener what you did during the day.
- For the listener, pretend to be busy and not pay attention to the talker.

Discuss:
Have you experienced this happening at home or in the workplace? How did it make you feel?

Learning Nugget

Communication is not one way. To genuinely connect with someone, the people in the conversation must be involved and invested with each other.

Good communication is crucial to maintain a healthy relationship.

CONFLICT TO CONNECTION

TALK ABOUT IT

I. Common Sources of Family Conflict

- **Financial Problems** – Disagreements about spending, saving, or debt.
- **Unmet Expectations** – Disappointment when family members don't meet each other's needs.
- **Personality Differences** – Clashes due to temperaments, habits, or values.
- **External Pressures** – Stress from work, school, in-laws, or society.
- **Poor Communication** – Busy schedules leading to lack of listening, misunderstanding and neglect.

Typical Approaches to Handling Conflicts

Ignore	Fight	Manipulate	Withdraw

Positive attitude towards conflict

- Conflict is _____.
- Conflict helps you understand the other person **better.**
- Conflict can become a **blessing** when handled properly.

• "Communication is a process where two or more people share in a meaningful exchange of ideas for mutual understanding."
• Communication is not just what is **said.** It is also what is **heard** and **understood.**

II. The Heart of Communication

A. Make _____ to talk.
• Schedule time to talk especially about deeper concerns.
• Timing is important.

B. **Listen** more. Be interested.
• Listening is a habit that needs to be intentionally developed.
• Listening shows genuine interest in what the other person is saying.
• Put yourself in the position of the other person to better understand them.

James 1:19-20 - [19] This you know, my beloved brethren.
But everyone must be quick to hear, slow to speak and slow to anger; [20] for the anger of man does not achieve the righteousness of God.

C. Ask **questions.**
- Clarify – “Is this what you mean?”
- Repeat or paraphrase
- Do not assume

D. Be _____ of your tone, body language, and words.

E. Speak the **truth in love.**

Ephesians 4:15
but speaking the truth in love...

Proverbs 18:21
Death and life are in the power of the tongue, and those who love it will eat its fruit.

Ephesians 4:29
Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

The Importance of Restoring Relationships

Matthew 5:23-24
23 Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, 24 leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.

III. Healthy Conflict Resolution

A. _____ the restoration of the relationship.

Romans 12:18
If possible, so far as it depends on you, be at peace with all men.

a. Unconditional acceptance
b. Proactive love

B. Ask for **forgiveness.**

• Wrong way to ask forgiveness
x Sorry
x Forgive me

Right way to ask forgiveness
"I was wrong for (name the offense) and for my (identify the wrong attitude). Please forgive me for the pain it has caused you. I will improve." (To show genuine repentance)

C. Major on the _____.

• Don't fight over every issue.
• Give in to minor issues.
• Learn to adjust.
• Ask: Is it a moral issue? Will it matter 10 years from now?

D. Avoid the **'you'** and **overgeneralization statements.**

• "You" statements which come across as judgmental and accusing – rather use "I" statements

• Overgeneralizations like "you always", "you never" because the other person will react to these and not address the issue being discussed

E. Beware of _____**imagination**

Matthew 7:1

Do not judge so that you will not be judged.

F. Allow time for God to **work.** Be gracious and forgiving.

• Give them time and space.

• Allow God to work in your life and their lives.

• Pray and entrust them to God.

To forgive is to set a prisoner free and discover that the prisoner was you.

– Lewis B. Smedes

IV. Communicate True Forgiveness

A. It is a **command.**

B. It is a **choice.**

C. It is not based on **feelings.**

D. It is based on **God's forgiveness.**

Forgive them when they ask forgiveness. Forgive even if they do not ask for forgiveness.

Mark 11:25
Whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you your transgressions.

Matthew 18:21-22
21 Then Peter came and said to Him, "Lord, how often shall my brother sin against me and I forgive him? Up to seven times?"
22 Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven."

Matthew 6:14-15
14 For if you forgive others for their transgressions, your heavenly Father will also forgive you. 15 But if you do not forgive others, then your Father will not forgive your transgressions.

E. It is not _____.

It is a conscious **decision** not to hold the offenses against the person anymore, nor to make them suffer for their wrong doings.

Psalm 103:12
As far as the east is from the west so far has He removed our transgressions from us.

F. It is accepting the consequences of the offense.

G. It is trusting God to cause everything to work out for good and good of others.

Romans 8:28
And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

1. What happens to you is one thing. What you do with what happened to you is everything.

2. How you respond to pain and trials doesn't automatically make you better.

3. You must respond properly by assuming personal responsibility. Your responsibility is to forgive and trust God.

BREAKOUT DISCUSSION

1. What do you usually talk about or discuss in your family? Do you feel that you are communicating on a deep and intimate level? Why or why not?

2. What is your attitude towards conflict within the family? How do you usually resolve conflict? How will you resolve future conflicts after learning about the heart of good communication?

APPLY IT

This week, ask at least one member of your family (spouse, child, parent or sibling) how you can improve. Make sure that you listen, that you don't deflect and are not defensive. Be humble and commit to change.

PRAY IT

Lord, help me to be a better communicator. Grant me the humility to listen more, the wisdom and patience to understand others, and the courage to speak the truth in love. Guide my words and actions, so that I may foster healthy relationships with those around me. May my communication reflect Your love and grace, bringing healing and restoration wherever I go.

In Jesus' name, Amen.

SESSION FOUR

WHAT TO TEACH YOUR CHILDREN

Passing on faith to the next generation begins at home. Parents have the privilege and responsibility to shape their children's hearts, not just through words, but through daily example. Teaching them God's Word, instilling biblical values, and modeling Christlike character help lay a strong foundation for their future. In this session, you will discover how to nurture your child's faith, guide them in making wise choices, and lead them toward a life that honors God.

WELCOME

Name 3 house rules that were implemented by your parents (example: having a curfew or finish your food).

How did these rules influence or affect the way you live your life now as an adult?

Learning Nugget

The qualities of an 'ideal parent' may differ from person to person.

However, when parents are equipped with key principles about what their children need to learn, they can better prepare them to face life's challenges with God as their foundation.

LEAVING A GODLY LEGACY

TALK ABOUT IT

A. About God

1. God is **holy and sovereign.**

1 John 1:5
This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all.

2. God is a _____.

Hebrews 11:6
And without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him.

3. God is _____.

John 3:16
For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life.

B. About Jesus

Jesus is the coming **Judge** and **King.**

Acts 17:31
because He has fixed a day in which He will judge the world in righteousness through a Man whom He has appointed, having furnished proof to all men by raising Him from the dead.

Romans 14:12
So then each one of us will give an account of himself to God.

1 Corinthians 15:17, 19
17 and if Christ has not been raised, your faith is worthless; you are still in your sins. 19 If we have hoped in Christ in this life only, we are of all men most to be pitied.

C. About Prophecies

EBLA TABLET

PILATE INSCRIPTION

DEAD SEA SCROLLS

ERASTUS INSCRIPTION

PROPHECIES ABOUT JESUS

	Old Testament	New Testament
Born of a virgin	Isaiah 7:14	Matthew 1:22-23
Descendant of David	2 Samuel 7:11-16	Matthew 1:1
Crucified, pierced	Psalm 22:16	Matthew 27:35
Resurrected	Psalm 16:10	Matthew 28

D. About the world

Do not love the world but _____ the world.

Romans 12:2
And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

Matthew 5:13-14
13 "You are the salt of the earth...
14 "You are the light of the world...

"What comes into our minds when we think about God is the most important thing about us."

- A. W. Tozer

Your notes here..

E. About themselves

Psalm 139:14
I will give thanks to You, for I am fearfully and wonderfully made; wonderful are Your works, and my soul knows it very well.

Jeremiah 29:11
For I know the plans that I have for you,' declares the Lord, 'plans for welfare and not for calamity to give you a future and a hope.

God wants them to be **thankful** for the **unchangeables** in their lives:

- Parents
- Brothers/Sisters
- Gender
- Birth order
- Race
- Physical features
- Time in history

God wants them to be _____ for their _____.
Choices have consequences.

Galatians 6:7
Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap.

The 3 most important choices they will make:
- Master
- Mate
- Mission

F. About family

1. They should **prioritize** and treat family members with **respect.**

Philippians 2:4
Do not merely look out for your own personal interests, but also for the interests of others.

2. They should _____ each other.

Ephesians 4:32
Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

If you can be kind and gracious to your friends, more so with family.
Less expectation, more appreciation.

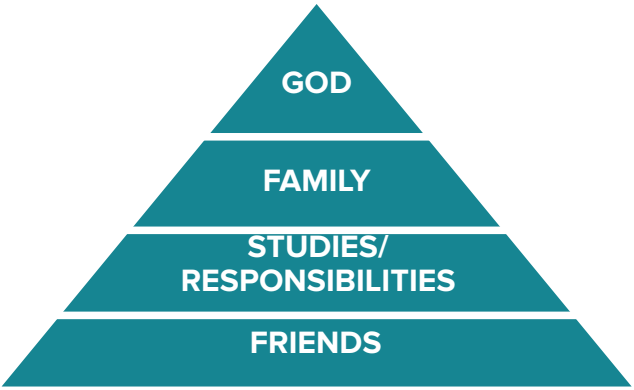
G. About friends

They are to **choose** their friends wisely.

Proverbs 13:20
He who walks with wise men will be wise, but the companion of fools will suffer harm.

1 Corinthians 15:33
Do not be deceived: Bad company corrupts good morals.

The importance of priority



What to do if you do not approve of their friends:

1. Do not attack but get to know their friends. Open your house. Let your children know you are on their side.
2. Try to positively influence their friends. Invite them to evangelistic events.
3. Focus on intimacy rather than using intimidation to influence your children.

H. About money

1. Every _____ decision is a _____ decision.

Matthew 6:21
for where your treasure is, there your heart will be also.

✓ Trust God.

Money is a primary **competitor** of Christ when it comes to the lordship of our lives.

Luke 16:13
"No servant can serve two masters... you cannot serve God and wealth."

✓ Live within or below your means.
✓ Avoid debt.

2. God is the _____ and provider of everything.

Psalm 24:1
The earth is the Lord's, and everything in it. The world and all its people belong to Him.

Philippians 4:19
And my God will supply all your needs according to His riches in glory in Christ Jesus.

PRACTICAL APPLICATIONS

✓ Do not guarantee. (Prov 22:6)
✓ Use credit card wisely.
✓ Beware of get rich quick scheme. (Prov 13:11)
✓ Be faithful in tithing and giving. (Mal 3:10, Lk 6:38)
✓ Come up with a budget. (Prov 6:6-8)

BREAK OUT DISCUSSION

1. What do you think is the primary need that should be taught to children or teenagers in today's society?

2. Based on what you've learned about What to Teach your Children, what lesson do you wish you had known when you were younger?

APPLY IT

Thank God for My Family

List down at least 10 things you are thankful for in your family.
No matter what kind of parents, grandparents, or relatives you have, remember that there are no accidents in life. God determined the times set for you and the exact place where you should live (Acts 17:26). Be thankful for what you cannot change about your family i.e. your parents, gender, physical features, race, birth order, time in history.

PRAY IT

Lord, help me guide my children according to Your Word, focusing on their hearts and developing their faith in You. Grant me wisdom to teach them about themselves, family, friends, and the world, preparing them for life's challenges. May their lives reflect Your love and bring You glory.

In Jesus' name, Amen.

SESSION FIVE

ROLES OF THE YOUTH AND SINGLES

This stage of life is full of choices: who to follow, what to pursue, and where to give your time and heart. But God's Word gives us clarity. Our greatest role is to love. Love God with undivided devotion, honor your parents, and love others as Jesus loved you. That is how we live out our purpose as youth and singles—with hearts fully His and lives that reflect His love in every direction.

WELCOME

Am I My Parents' Child?

How well do you know your father and your mother? Take this pop quiz about your parents. If you do not know the answer, simply leave it blank. Find out how many you can fill up!

About your Father:

a. Birthday (mm/dd/yy)
b. Spiritual birthday (the year will do)
c. Things he enjoys doing in his spare time
d. What he loves most about your mother?
e. A fun fact or something unique about him

About your Mother:

a. Birthday (mm/dd/yy)
b. Things she enjoys doing in her spare time
c. What she appreciates most about your father
d. A special memory you have with her
e. A fun fact or something unique about her

Learning Nugget

How much we know about a person and the memories that we have created with them can reveal how much time and energy we have exerted into building the relationship.

Your notes here..

LOVE IN EVERY DIRECTION

TALK ABOUT IT

A. Towards God

1. Love God and serve Him with undistracted devotion.

Greatest commandment
Mark 12:30
30 and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'

1 Corinthians 7:32-35
32 But I want you to be free from concern. One who is unmarried is concerned about the things of the Lord, how he may please the Lord; 33 but one who is married is concerned about the things of the world, how he may please his wife, 34 and his interests are divided... 35 This I say for your own benefit; not to put a restraint upon you, but to promote what is appropriate and to secure undistracted devotion to the Lord.

B. Towards Parents

1. _____ their parents as unto the Lord.

Ephesians 6:1-3
1 Children, obey your parents in the Lord, for this is right. 2 Honor your father and mother (which is the first commandment with a promise,) 3 so that it may be well with you, and that you may live long on the earth.

2. _____ and spend time with them.

- Eat meals with them and join family gatherings
- Help out or volunteer.

3. **Contribute** to the family budget/provide for them.

1 Timothy 5:4
but if any widow has children or grandchildren, they must first learn to practice piety in regard to their own family and to make some return to their parents; for this is acceptable in the sight of God.

C. Towards Others (Siblings/Relatives/Friends)

1. Love them **unconditionally.**

John 13:34-35
34 A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. 35 By this all men will know that you are My disciples, if you have love for one another."

Mark 12:31
The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

2. Know their **needs** (spiritually, mentally, emotionally...) by developing your relationship with them

- Be intentional with time spent
- Guard yourself against being moody/temperamental
- Prioritize them.

Matthew 7:12
"In everything, therefore, treat people the same way you want them to treat you, for this is the Law and the Prophets.

3. Serve others. Be God's _____.

2 Corinthians 5:20
Therefore, we are ambassadors for Christ, as though God were making an appeal through us; we beg you on behalf of Christ, be reconciled to God.

Share the gospel as a way of life.
Be known for your good deeds that bring glory to God.
Be involved in Dgroups for accountability and spiritual growth.
Invest time in discipling others and in helping them disciple others.

1 Thessalonians 5:11
Therefore encourage one another and build up one another, just as you also are doing.

D. Toward yourself

1. **Appreciate** God's design for you.

a. Thank God for the **unchangeables** in your life.

• Know that you are _____ in Christ.

- You have everything you need to be all that God wants you to be and accomplish His plan for your life.
- You don't need a spouse to complete you.

Colossians 2:10
And in Him you have been made complete...

2. Cooperate with God in developing your **full potential.**

• Do your _____ for His glory Maximize your gifts/talents.

Luke 2:52
And Jesus kept increasing in wisdom and stature, and in favor with God and men.

1 Corinthians 10:31
Whether, then, you eat or drink or whatever you do, do all to the glory of God.

Stewards of God's gifts:
- Talents, Time, Treasure, Opportunities
- Be willing to take risks.
- Get out of your comfort zone.

1 Corinthians 4:2
Now it is required that those who have been given a trust must prove faithful.

3. Protect your _____.

2 Timothy 2:22
Now flee from youthful lusts and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart.

a. BE CAREFUL OF

- What you see (internet, pornography...)
- What you listen to (podcasts, jokes...)
- Where you go (dark isolated places....)
- Who you are with (influencers with bad habits/practices)

"The will is no match for the imagination."

1 Corinthians 6:18
Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.

Your notes here..

b. Principles of Courtship:
It is impractical to have a boy friend or girl friend at an early stage (high school or college) because they are not yet ready to get married.

- Be the **person** God wants you to be
- Be able to **support** a family (for the men)
- _____ with other Christian singles in groups
- Be aware of the **qualities** to look for in a future spouse
- **Involve** your family and friends in group date settings

c. Protecting the 5 Freedoms
- Freedom from _____
- Freedom from **unnecessary pain**
- Freedom from **isolation**
- Freedom to develop _____ and pursue _____
- Freedom from **immorality** and its consequences

BREAKOUT DISCUSSION

1. Describe your relationship with your parents at various stages (child, teen, adult) of your life. How did you obey, honor, and serve them at these stages?

2. In line with the roles you have learned, what specific area do you want to work on the most?

APPLY IT

A. Family Portrait

It is time to update your old family picture. Arrange a photo session for your family with your parents and siblings, including your brothers and sisters, in-laws, and children. Create some dress themes and motifs for different shots, i.e. all formal in tux/suits and gowns, Filipiniana, Caribbean, vintage black and white, kiddie colors, character costumes, etc.

Give each family member a printout and electronic copy of your group picture and display it in your respective homes. You can also imprint the family picture in on coffee mugs, bookmarks or calendars, etc. as memorabilia. Make this a family tradition for the younger children in your family to follow in their respective families in the future.

B. Save the Date

When was the last time you took your parents out on a date, even without a special occasion? Block off a day and spend it with your parents. Surprise them with their dream vacation, all-expense paid (if you can afford it) or simply give them a surprise visit this weekend. Bring some food to eat (their favorite meals) and some "pasalubong". You can bring some family photos and videos that you can browse through and watch together.

Make the most of the day by spending some quality and meaningful time with them. Remember to thank God for them and to let them know how much you love them. Pray with them before you leave and bond with them regularly.

PRAY IT

Lord Jesus, please help us to fulfill the roles You have designed for us, whether as youth or singles. May we bless others through our school or careers. Help us also bless our parents by loving, respecting, and taking care of them.

In Jesus' name, Amen.

WHAT'S NEXT?

Book 8: Survey of the Bible

Congratulations on completing Book 7: Family Life!

We praise God for your journey so far as you continue to grow not only in your personal walk with Him but also in your relationships at home.

As you move forward, we invite you to take the next step in your GLC journey—Book 8: Bible Survey.

In this next book, you will gain a deeper understanding of the Bible as a whole—its structure, message, and how each part points to God's greater plan. This will help you grow in your confidence in God's Word and equip you to study and share it with others more effectively.

Let us continue to press on together, growing in our knowledge of God and living out His truth in our daily lives.

ANSWER KEY

Session 1

A. God as the Foundation
Creation
Godly/Spiritual heritage
Picture

B. Marriage as the Core
Permanency
Leave
• Don't neglect
• Don't criticize
• Don't overlook
Cleave
• Priority
Intimacy

C. Features of a Godly Family
Center (God-centered)
One another together
Word
Character
Praying

D. Roles of Husband and Wife
1. Proper Functioning of the Family
a. God
b. Harmony / Purpose
c. Modeling

2. Roles of Husband

a. Leader

Responsible and accountable
Provide
Protect

b. Lover

Understand and love unconditionally
Proactive and continuous

3. Roles of Wife

a. Helpmate
b. Submit and respect

Session 2

I. What Parents Need to Know

A. Sacred
B. Exasperate
C. Potential

II. Different Styles of Parenting
A. Why focus on the heart?

Heart
Change

III. The 8 Laws of Parenting

A. Law of Modeling
Modeling
Caught
Authenticity

B. Relationship (Law of Open Communication)
Understand

C. Law of Intimacy
Less

D. Intentionality (Law of Time)
Magic moments

E. Law of Vision
Motivation
Impact

F. Law of Training
Teaching

G. Law of Entreaty
Stewards

Session 3

I. Common Sources of Family Conflict

A. Time
B. Awareness

II. Healthy Conflict Resolution

A. Initiate
C. Major
E. Win

III. Communicate True Forgiveness

E. Forgetting

Session 4

A. About God
Rewarder
Love
B. About the World
Influence
C. About Family
Forgive
D. About Money
Spending and spiritual
Owner

Session 5

A. Towards Parents
Obey and honor
Communicate
B. Towards Others
Ambassadors
C. Toward Yourself
Complete
Learn
Purity
D. Principles of Courtship
Serve
E. Protecting the 5 Freedoms
Distraction
God's gift and God's will

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