



BOOK

1

ONE BY ONE

go **Viral!** EDITION

GLC  ESSENTIALS

BOOK 1: ONE BY ONE GO VIRAL EDITION

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SESSION 1

ONE TRUTH

The Gospel

What is the gospel?

The word “gospel” in Greek* literally means “good news.” The question is what is the “good news”? The answer to this and most of our questions about the Christian faith are found in the Word of God, the Bible. We will discover, by studying the Bible, answers to questions concerning how Jesus truly is relevant to our lives – how He loves us, and how He can truly transform our lives.

READ IT	<p>God's Word *</p> <p>John 3:16</p> <p>Romans 5:8</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you learn about God?</p> <p>What did you learn about people?</p> <p>What did you learn about Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • God desires to have a relationship with you (1 John 4:8–9; John 10:10) • Our problem: we are sinful and opposed to God (Isaiah 53:6; James 2:10; Romans 6:23) • God sent Jesus to pay the penalty for our sin (Romans 5:8 and John 3:16) • We all have the choice to accept or reject the offer Jesus gives us (John 1:12)

* You may refer to the Appendix for the Bible Verses

APPLY IT

Based on what you learned from Romans 5:8 from our OBBS and from the rest of Session 1, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a do-able action point.

Simple

Measurable

Appropriate

Realistic

Time-bound

Have you ever made the decision to accept God’s gift of forgiveness through Christ’s death on the cross?

If you have not, you can accept that gift right now by faith. Your “I will” statement today could be:

“I will accept Jesus’ gift of forgiveness for my sins.”

One way to express our faith in Christ is through prayer. Prayer is simply talking to God and expressing to Him the desires of our hearts. You can open your heart to God right now and accept His gift of salvation through a simple prayer of faith. Pray something like this:

“Lord Jesus, thank You so much for loving me. I am so sorry for my sins. Thank You for dying on the cross for all of my sins. With Your help, I will turn away from all my sins. Today, I trust in You to be my Savior and Lord. And I receive You into my heart. Thank You for forgiving my sins and for coming into my heart. I accept Your free gift of eternal life. Thank You that one day, I will go home to You in heaven. From this day on, I will follow and obey You. Amen.”



Who will you share these truths with this week?

SESSION 2

ONE WAY

The Savior

How many ways are there to salvation?

There are many views on how to be saved and how to be certain of our eternal destiny before God. The Bible gives us the only certain knowledge of how salvation is possible. It corrects many of our wrong ideas about being saved. What are some of the common thoughts or feelings we have concerning our salvation?

READ IT	<p>God's Word *</p> <p>Psalm 103:10</p> <p>Isaiah 53:6</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you learn about God?</p> <p>What did you learn about people?</p> <p>What did you learn about Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • We have all strayed away from God (Isaiah 53:6; 1 Peter 2:25) • God does not deal with us according to our sins (Psalm 103:10) • God has laid on Someone else (his only begotten Son, Jesus) the punishment for our sins • Jesus took our place in receiving the consequences of our sins against God (John 19:33-34; 37; 1 Peter 2:24)

* You may refer to the Appendix for the Bible Verses



APPLY IT

Have you ever placed your faith in Christ alone for salvation? If you have not done so, would you like to right now?

Simply pray in faith asking Jesus to come into your life as Savior and Lord (as the prayer from the end of Session 1 indicates).

If you have already done so, thank God that He has saved you, forgiven your sins and given you a new life.

I will _____



SHARE IT

Who will you share these truths with this week?

SESSION 3

ONE PROOF

Our New Life in Christ

How can I know if I have eternal life?

In the first two sessions, we saw that the Bible is very clear – we are saved by God’s grace through faith alone in Christ’s sacrifice for our sin. At the same time, the Bible warns us that not everyone who thinks they are saved will actually experience eternal life.

Matthew 7:21 says that not everyone at the final judgment who says to Him “Lord, Lord” is truly saved. Can we know for sure?

READ IT	<p>God's Word *</p> <p>2 Corinthians 5:17</p> <p>Titus 2:11-12</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you learn about God?</p> <p>What did you learn about people?</p> <p>What did you learn about following Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • Salvation has been made available to all people through God's grace (Titus 2:11; Romans 10:13) • Following Jesus involves renouncing ungodly and worldly living (Titus 2:12; 1 Peter 1:14-16; Colossians 3:5-8) • Following Jesus involves living self-controlled, upright, and godly lives (2 Corinthians 1:12; 1 Timothy 4:12; 2 Timothy 1:9)

* You may refer to the Appendix for the Bible Verses



How will you start living a new life of following Jesus?

I will _____



Who will you share these truths with this week?

SESSION 4

ONE PROMISE

The Assurance of Our Salvation

In the previous session, we learned that we can have the wonderful assurance of having a permanent relationship with God. At times we might feel otherwise – that perhaps we may disappoint Him, and that somehow that relationship will change. What does the Bible say about such fears?

READ IT	<p>God's Word</p> <p>1 John 1:8-9</p> <p>1 John 5:11-13</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you learn about God?</p> <p>What did you learn about people?</p> <p>What did you learn about following Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • God doesn't want us to live in doubt of our eternal destiny. The promise of eternal life is our assurance from the moment we place our faith in Jesus as our personal Lord and Savior. • People who have Jesus have eternal life but those who do not have Jesus do not have eternal life (1 John 5:11-13; John 6:47; John 3:36) • If we sin, we do not lose our salvation, but we need to confess our sins to restore our fellowship with Him (1 John 1:9; John 10:28; Galatians 6:1)

* You may refer to the Appendix for the Bible Verses

APPLY IT

How will you respond to God's assurance of eternal life through Jesus?

I will _____

SHARE IT

Who will you share these truths with this week?

SESSION 5

ONE SOURCE

The Holy Spirit

How can I live a life that honors God?

In Session 4, we learned that our relationship with God is permanent. Even if we occasionally stray, sin does not permanently damage our relationship with God. We can be restored to the joy of our new life in Christ by confessing our sin and turning back to God.

But how can we consistently live in a way that pleases the Lord? In this lesson, we will learn several important principles which will help you grow in obedience to Christ.

READ IT	<p>God's Word *</p> <p>Ephesians 5:18-19</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you like about these verses?</p> <p>What did you find difficult in these verses?</p> <p>What did you learn about (God's) people?</p> <p>What did you learn about following Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • It is God's will that we are filled with the Spirit (Ephesians 5:18) • An evidence of being filled with the Holy Spirit is when God's people speak to one another in psalms, spiritual songs, singing and making music in their hearts to the Lord (they are joyful!) (Ephesians 5:19) • Other evidences that we are filled with the Holy Spirit is when we show love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control (Galatians 5:22-23)

* You may refer to the Appendix for the Bible Verses



APPLY IT

Would you like to be filled with the Holy Spirit right now? If so, you can pray to God to express your decision to be filled with the Holy Spirit:

Dear Father,

I confess that I have been in control of my own life. I recognize that I have sinned against you and I repent from my sin/s of

_____.

Thank you for forgiving me for all my sins. I desire to be filled with the Holy Spirit. Please fill me now with the Holy Spirit as You commanded me to be filled. I claim Your promise that You will answer me when I ask anything according to Your will. I surrender the control of my whole life to You. By the power of the Holy Spirit I will follow You and live to please You and tell others about You. In Jesus' Name I pray. Amen.

If you are not sure that you are filled with the Holy Spirit right now, then let it be your action point!

I will _____



Who will you share these truths with this week?

SESSION 6

ONE PURSUIT

Growing in Our Relationship with Christ

How will I grow in my relationship with God?

If you have ever been “in love”, then you know what it is like to have a growing desire to know the person you fell in love with. Married couples especially know that entering into a relationship and growing in intimacy with your loved one are two different things.

READ IT	<p>God's Word *</p> <p>Acts 2:42</p> <p>2 Peter 3:18</p>
PARAPHRASE IT	<p>My Words</p>
TALK ABOUT IT	<p>What did you like about these verses?</p> <p>What did you find difficult in these verses?</p> <p>What did you learn about (God's) people?</p> <p>What did you learn about following Jesus?</p>
POINT IT OUT	<ul style="list-style-type: none"> • The very first followers of Jesus dedicated themselves every day to learning God's Word, fellowship with one another (including coming together to celebrate the Lord's Supper), and prayer (Acts 2:42,46) • We are commanded to grow in the grace and knowledge of the Lord Jesus (1 Peter 3:18) • We can know Jesus more and grow in our faith through learning His Word and prayer (Romans 10:17)

* You may refer to the Appendix for the Bible Verses

- We can grow in the grace of the Lord Jesus as we fellowship with each other, demonstrating and accepting grace within God's family (Colossians 3:16, 4:6; Ephesians 4:29)
- Faithful study of God's Word, prayer and fellowship are important for our growth in Christ. Other spiritual disciplines we need to practice include witnessing, fasting, and giving (Acts 2:44-47; 5:42; 13:2-3)

APPLY IT

What next step will you take to grow in the grace and knowledge of the Lord Jesus?

I will _____

SHARE IT

Who will you share these truths with this week?

APPENDIX

BIBLE VERSES

SESSION 1

John 3:16

“For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life.

Romans 5:8

But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.

SESSION 2

Psalms 103:10

*He has not dealt with us according to our sins,
Nor rewarded us according to our iniquities.*

Isaiah 53:6

*All of us like sheep have gone astray,
Each of us has turned to his own way;
But the Lord has caused the iniquity of us all
To fall on Him.*

SESSION 3

2 Corinthians 5:17

Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come.

Titus 2:11-12

*For the grace of God has appeared, bringing salvation to all men,
¹²instructing us to deny ungodliness and worldly desires and to live sensibly, righteously and godly in the present age,*

SESSION 4

1 John 1:8-9

If we say that we have no sin, we are deceiving ourselves and the truth is not in us. ⁹ If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

1 John 5:11-13

And the testimony is this, that God has given us eternal life, and this life is in His Son. ¹² He who has the Son has the life; he who does not have the Son of God does not have the life. ¹³ These things I have written to you who believe in the name of the Son of God, so that you may know that you have eternal life.

SESSION 5

Ephesians 5:18-19

And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, ¹⁹ speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;

SESSION 6

Acts 2:42

They were continually devoting themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

2 Peter 3:18

but grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory, both now and to the day of eternity. Amen.

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