



LEAD LIKE JESUS

SESSIONS 5 AND 6

GLC
▲UPGRADES

NAME

CONTACT INFO:



LEAD LIKE JESUS

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SESSION 5

THE HABITS OF A LEADER

LEARNING OBJECTIVES

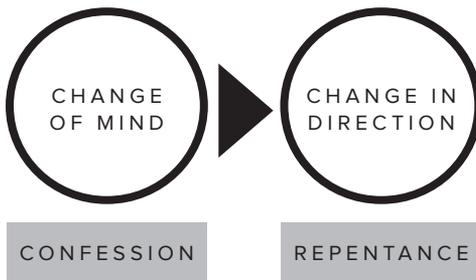
By the end of the session, participants will have:

1. Identified essential habits for a servant leader.
2. Determined the myths that hinder the development of these essential habits.
3. Discovered biblical principles on how to develop spiritual disciplines.
4. Learned how to develop the essential habits of a leader.

EXAMINE

OVERVIEW

It is easy for one to assume that when a leader possesses the right heart, has the right perspective and knows the right skills, then leading will be quite easy. That is simply not the case. The equation for Christ-like leadership of having the right heart + right perspective + right skills is not complete unless there is the right practice. This session will deal with the essential habits a servant leader needs to put into practice.



THE PRINCIPLE OF “REPLACEMENT”

I. Jesus’ Habits

Let us look into Jesus’ habits that made him a very effective leader:

A. Jesus is committed to _____ for His ministry

- He was willing to spend time alone with His Father.
- He was willing to undergo temptations.
- He was not swayed by distractions.

“Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry. The devil said to him, “If you are the Son of God, tell this stone to become bread.” Jesus answered, “It is written: ‘Man does not live on bread alone.’”

LUKE 4:1–4

B. Jesus was committed to _____ for His ministry

- It was his priority.

- It was not his merely his last resort.

“Very early in the morning, while it was still dark, Jesus got up, Left the house and went off to a solitary place, where he prayed”

MARK 1:35

C. Jesus was committed to _____ in His ministry

- He healed the sick

- He preached with authority

“A man with leprosy came to him and begged him on his knees, “If you are willing, you can make me clean.” Filled with compassion, Jesus reached out his hand and touched the man. “I am willing,” he said. “Be clean!” Immediately the leprosy left him and he was cured.”

MARK 1:40 – 41

“The people were all so amazed that they asked each other, “What is this? A new teaching—and with authority! He even gives orders to evil spirits and they obey him.” News about him spread quickly over the whole region of Galilee.”

MARK 1:27 – 28

Jesus was _____ to fulfill his life purpose up to the end of his earthly ministry. Even though He was God, we see how he has devoted Himself to self-mastery and spiritual disciplines. We can read in the gospel accounts how Jesus did and said things repeatedly, which was one way he developed habits that made him effective as a leader.

“Habit is a recurrent, often unconscious pattern of behavior that is acquired through frequent repetition”

MERRIAM WEBSTER DICTIONARY

II. What are the Key Habits of an Effective Servant Leader?

A servant leader's habits

Let us now identify some habits that are essential to a Dgroup leader:

1. A servant leader has a consistent _____

- It should be a priority
- It is not merely a last resort

“One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.”

LUKE 11:1

Reasons for the absolute necessity of PRAYER:

1. Demonic opposition
2. Distractions
3. Delusions (pride)
4. Difficult people
5. Disappointment, discouragement
6. Delayed gratification / answers

**2. A servant leader devotes time to _____
for Ministry**

- It provides foresight
- It will guard you from distractions

“Therefore, prepare your minds for action; be self-controlled; set your hope fully on the grace to be given you when Jesus Christ is revealed.”

1 PETER 1:13

3. A servant leader devotes time to _____

- It keeps you from being stagnant.

- It will help you prosper and succeed.

“But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.”

PSALM 1:2–3

4. A servant leader seeks _____ with others

- It will keep you in check and connected

- It will keep you from being isolated

“And let us consider how we may spur one another on toward love and good deeds”

HEBREWS 10:24

5. A servant leader devotes time for _____

- It gives you time to reflect

- It reduces the risk of burnout

“There is a time for everything, and a season for every activity under heaven: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build,”

ECCLESIASTES 3:1–3

III. Breaking the Leadership Habits Myths

There are many myths surrounding the issue of leadership and now that we have identified essential habits of a servant leader let us now talk about three significant myths that hinder the development of good habits in a leader look at what Scripture has to say on the matter.

MYTH # 1

Serving in ministry can be a substitute for the practice of spiritual disciplines.

- A. Christian leaders might think that because they are active with ministry work, it can substitute for the cultivation of their relationship with God. But Jesus' example shows us otherwise:**

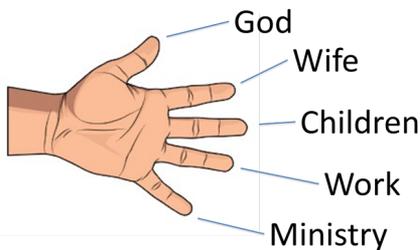
“When Jesus heard what had happened, he withdrew by boat privately to a solitary place. Hearing of this, the crowds followed him on foot from the towns. When Jesus landed and saw a large crowd, he had compassion on them and healed their sick... Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray.”

MATTHEW 14:13, 22-23

- B. After a long and busy day, Jesus could have found a convenient excuse to skip his prayer time. Yet He was still committed to spend time with His Father even if it meant staying up alone late at night.**

MYTH # 2

Only those who are natural leaders can develop effective leadership habits.



- C. While it is true that not all of us possess the gift of leadership; all of us can develop the habits essential to the life of a leader.**

“For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.”

2 TIMOTHY 1:6-7

“Endure hardship with us like a good soldier of Christ Jesus. No one serving as a soldier gets involved in civilian affairs—he wants to please his commanding officer.

Similarly, if anyone competes as an athlete, he does not receive the victor’s crown unless he competes according to the rules. The hardworking farmer should be the first to receive a share of the crops. Reflect on what I am saying, for the Lord will give you insight into all this.”

2 TIMOTHY 2:3-7

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- D. Paul knew that Timothy was a gifted leader. Yet he still urged Timothy to work hard to develop his skills just as a good soldier stays focused and a hard working farmer does.**

MYTH # 3

Once you develop a habit,
it will be hard for you to lose it.

- E. It is actually easier to lose a habit than to acquire it. It will always be a constant struggle to maintain a good habit, the key is to practice these right habits continually.**

“Watch out that you do not lose what you have worked for, but that you may be rewarded fully. Anyone who runs ahead and does not continue in the teaching of Christ does not have God; whoever continues in the teaching has both the Father and the Son.”

2 JOHN 1:8–9

- F. The readers of John’s epistle have developed the habit of walking in the truth (1:4). They carefully listened to what the leaders taught them. Yet it was easy for deceivers to sway them away from the truth. John encouraged them to be watchful and work hard to not lose the habit they have developed.**

Anything we can learn – good or bad – can be unlearned. Even “new tastes” can be acquired (e.g. oatmeal) but can also be lost. Our bad habits can easily come back “through the force of gravity.”

“The heart is deceitful above all things and beyond cure.
Who can understand it?”

JEREMIAH 17:9

EXPRESS

Here are some practical suggestions for you to develop the habits of an effective servant-leader. Discuss among the group how you can help each other develop these key areas:

Prayer	Have a consistent prayer life	<ul style="list-style-type: none"> • Pray in solitude. • Pray for someone and with someone. • Read the Bible as you pray. • Use worship songs as prayers.
Preparation	Spend time in Preparation	<ul style="list-style-type: none"> • Organize your study material. • Learn the habit of writing and journaling. • Rehearse your material. • Enhance what needs to be improved. • Seriously commit to continuous equipping.
Accountability Relationships	Seek accountability partnerships with mature Christians	<ul style="list-style-type: none"> • Be honest and open with your accountability partners. • Allow them to evaluate your leadership performance and personal life.
Personal Growth	Devote a time for your personal development	<ul style="list-style-type: none"> • Read helpful books. • Maintain a healthy lifestyle. • Pick up a productive hobby. • Be in the company of good mentors.
Rest	Make sure you get enough rest	<ul style="list-style-type: none"> • Have a regular (annual) personal retreat • Pick up a recreational activity (basketball, badminton, swimming) • Learn the art of saying no

SESSION 6

PUTTING IT ALL TOGETHER

LEARNING OBJECTIVES

By the end of the session, participants will have:

1. Summarized the four leadership domains.
2. Reflected on your own strengths and weaknesses as a leader.

EXAMINE

OVERVIEW

At this point we have exhausted all the key areas of being an effective leader as modeled by Jesus, and it is just appropriate that we summarize what we have learned. In this session, we will try to everything together and use a critical gospel account as a case study of how the 4H's of leadership is put into action.

I. What does it take to be an effective servant leader?

Leading like Jesus involves the proper alignment of the four leadership domains — heart, head, hands and habits — in the life of a leader. The internal domain of the heart is where your motivation for leadership comes from while your perspective on leadership is formed in the internal domain of your mind. The external domains — your public behavior, the expression of your “hands” and your habits — will determine whether people would want to follow you or not.

Let us see how Jesus applied these four domains of leadership (*John 13:1–17*).

A. A servant leader has the _____

Having loved his own who were in the world,
He now showed them the full extent of His love.

JOHN 13:1b

- **You must be ready to give all your heart**
- **It means your heart is in the right place**
- **Check your motives: Why do you want to lead?**

“The most persistent barrier to leading like Jesus is the heart motivated by self-interest”

KEN BLANCHARD

B. A servant leader has a _____

Leadership is about knowing which direction to go and taking others along with you. Effective leadership begins with a clear vision, whether for your personal life, family or an organization. If your followers don't know where you are going and where you want to take them, it will be hard to get them excited about the journey.

Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God

JOHN 3:3

- It does not mean you have to know everything about the Journey
- It means you know where you are now and you know where you want to go.
- People follow leaders who know where they are going.
- Do you know the direction where God wants you to go?

C. A servant leader has _____

A key role of an effective servant leader is to act as a coach to his followers. When Jesus called His disciples to follow Him, He promised them His full support and guidance as they develop into “fishers of men”. This is the duty of a servant leader-the ongoing investment in the lives of those who follow him.

After that, he poured water into a basin and began to wash his disciples' feet drying them with a towel that was wrapped around him. (v.5)

- If you want to be an effective leader, you need to get your hands dirty.
- Are you committed to develop your leadership skills?

D. A servant leader develops _____

As Jesus moved through His season of earthly leadership, He was under constant pressure and temptation to get off-course or react negatively to the failures of His friends and the provocation of his enemies. One of the reasons why Jesus was able to stay on track in His mission is His commitment to develop good habits early on in His ministry.

I have set you an example that you should do as I have done for you. I tell you the truth, no servant is greater than his master, nor is a messenger greater than the one who sent him.

“Very early in the morning, while it was still dark,
Jesus got up, left the house and went off to
a solitary place, where he prayed”

MARK 1:35

- Your commitment is required to develop these habits that are essential for leaders
- Will you commit yourself to develop good habits?

Jesus’ encouraging words: “Now that you know these things, you will be blessed if you do them”

JOHN 13:17

II. Washing of the feet

Washing of the feet is practiced in Christian circles even today. It is used for team building activities, summer youth camps and leadership retreats. Indeed, washing of the feet has become a tradition for many and some Christian groups even encourage everyone to practice this at least once or twice a year. But the essence of this activity is to teach us that to be the greatest is to be the servant of all. Washing of the feet in today’s context will probably mean serving others in ways that are humbling and uncomfortable or you. Consider the following guidelines when you consider “washing the feet” of your disciples.

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- A. It is motivated by _____ and humble service**
- At the beginning of the passage it says that Jesus showed them the full extent of his love
- B. It is a _____ act**
- No one forced Jesus to wash the disciples feet not was He obligated to do so
- C. It addresses a relevant _____ of the followers**
- Washing of the feet was necessary during Jesus' time because roads were dusty and people recline at a low table when eating.
- D. It is an act seemingly _____ for the leader's status**
- Washing of the feet is reserved for the lowliest of the servant in the house, Jesus on the other hand is called Rabbi (Teacher) or Master.
- E. It is an act without _____**
- We can safely assume that Jesus washed ALL of His disciples' feet, including Judas Iscariot whom Jesus already knew to betray Him.
- F. It can incite _____ from followers**
- We can safely assume that Jesus washed ALL of His disciples' feet, including Judas Iscariot whom Jesus already knew to betray Him.
- G. It is meant to _____ the followers and pass it on**
- Jesus' demonstration is intended to instruct His disciples and encourage them to do the same.

